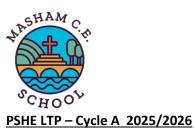


PSHE LTP – Cycle A 2024/2025

	Whole School Events	Visits and Visitors	Reception	Year 1/2	Year 3/4	Year 5/6
Autumn 1	 World Mental Health Day 10.10.24 Black History month 1st October 	 Sustainable Travel visit for bike to school week. 	The Reception PSHE curriculum objectives will be taught	Me and my Relationships:FeelingsGetting helpClassroom rulesSpecial peopleBeing a good friend	 Me and my Relationships: Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss 	Me and my Relationships: Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs
Autumn 2	 Anti-bullying week wc11.11.24 Keeping Safe from Growing Changing (PANTS) 	 Fire brigade - Fire Safety discussion for Bonfire night. 	throughout the year as part of the continuous provision.	 Keeping Safe How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep My body parts (from growing and changing) PANTS work 	 Keeping Safe Managing risk Decision-making skills Drugs and their risks Staying safe online 	 Keeping Safe Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills
Spring 1	 Online safety day 09.02.24 'Together for a better internet'. 			 Valuing Difference Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help 	 Valuing Difference Recognising and respecting diversity Being respectful and tolerant My community 	 Valuing Difference Recognising and celebrating difference, including religions and cultural Influence and pressure of social media
Spring 2	 Child mental health week. 			 Me and my Relationships: Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation 	 Me and my Relationships: Healthy relationships Listening to feelings Bullying Assertive skills 	Me and my Relationships: <u>Body changes during</u> <u>puberty from Y4 Growing</u> <u>and Changing</u> <u>Managing change from Y5</u> <u>Growing and changing</u> Cooperation Safe/unsafe touches Positive relationships
Summer 1	 PRIDE month – June. Just like us have 	Fire brigade - Fire safety for water safety. Farming safety		Keeping Safe Safe and unsafe secrets Appropriate touch	 Keeping Safe Skills we need to develop as we grow up 	 Keeping Safe Understanding emotional needs



	resources for Diversity. Collective Worship around Farm Safety	Medicine safety	 Helping and being helped Looking after the environment Managing money 	 Staying safe online Drugs: norms and risks (including the law)
Summer 2	 Oral Heatlh week July 	 Valuing Difference Being kind and helping others Celebrating difference People who help us Listening Skills 	 Valuing Difference Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes 	 Valuing Difference Recognising and celebrating difference Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour Gender stereotyping



	Whole School Events	Visits and Visitors	Reception	Year 1/2	Year 3/4	Year 5/6
Autumn 1	 Black History month TBC 		The Reception PSHE curriculum objectives will be taught	 Being my Best Keeping my body healthy – food, exercise, sleep Growth Mindset 	 Being my Best Keeping myself healthy and well Celebrating and developing my skills Developing empathy 	Being my Best Growing independence and taking ownership Keeping myself healthy Media awareness and safety My community
Autumn 2	 Anti-bullying week wc11.11.24 Keeping Safe from Growing Changing (PANTS) 	Fire brigade - Fire Safety discussion for Bonfire night.	throughout the year as part of the continuous provision.	 Growing and Changing Getting help Becoming independent My body parts Taking care of self and others 	 Growing and Changing Relationships Changing bodies and puberty Keeping safe Safe and unsafe secrets 	 Growing and Changing Managing difficult feelings Managing change How my feelings help keeping safe Getting help
Spring 1	 Online safety day TBC 			Right and RespectTaking care of things:MyselfMy moneyMy environment	 Right and Respect Keeping myself healthy and well Celebrating and developing my skills Developing empathy 	Right and RespectRights, respect and dutiesrelating to my healthMaking a differenceDecisions about lending, borrowing and spending
Spring 2	 Child mental health week. 	Fire brigade - Fire safety talk		Being my Best Growth Mindset Healthy eating Hygiene and health Cooperation	 Being my Best Having choices and making decisions about my health Taking care of my environment My skills and interests 	Being my Best Aspirations and goal setting Managing risk Looking after my mental health
Summer 1	 PRIDE month – June. Just like us have resources for Diversity. 			Growing and Changing Life cycles Dealing with loss Being supportive Growing and changing Privacy	 Growing and Changing Managing difficult feelings Relationships including marriage 	Growing and ChangingCoping with changesKeeping safeBody ImageSex educationSelf-esteem
Summer 2	 Oral Health week July 			Right and RespectCooperationSelf-regulationOnline safety	 <u>Right and Respect</u> Having choices and making decisions about my health 	Right and Respect■ Understanding media bias, including social media



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	 Looking after money – saving and 	 Taking care of my 	 Caring: communities and
	spending	environment	the environment
		 My skills and interests 	 Earning and saving money
			 Understanding
			democracy