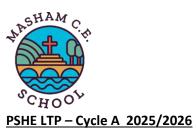


PSHE LTP – Cycle A 2024/2025

| | Whole School Events | Visits and Visitors | Reception | Year 1/2 | Year 3/4 | Year 5/6 |
|-------------|---|--|---|--|---|--|
| Autumn 1 | World Mental Health Day 10.10.24 Black History month 1st October | Sustainable Travel visit for bike to school week. | The Reception PSHE curriculum objectives will be taught | Me and my Relationships:FeelingsGetting helpClassroom rulesSpecial peopleBeing a good friend | Me and my Relationships: Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss | Me and my Relationships: Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs |
| Autumn 2 | Anti-bullying week wc11.11.24 Keeping Safe from Growing Changing (PANTS) | Fire brigade - Fire Safety discussion for Bonfire night. | throughout the year as part of the continuous provision. | Keeping Safe How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep My body parts (from growing and changing) PANTS work | Keeping Safe Managing risk Decision-making skills Drugs and their risks Staying safe online | Keeping Safe Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills |
| Spring 1 | Online safety day 09.02.24 'Together for a better internet'. | | | Valuing Difference Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help | Valuing Difference Recognising and respecting diversity Being respectful and tolerant My community | Valuing Difference Recognising and celebrating difference, including religions and cultural Influence and pressure of social media |
| Spring 2 | Child mental health week. | | | Me and my Relationships: Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation | Me and my Relationships: Healthy relationships Listening to feelings Bullying Assertive skills | Me and my Relationships: <u>Body changes during</u> <u>puberty from Y4 Growing</u> <u>and Changing</u> <u>Managing change from Y5</u> <u>Growing and changing</u> Cooperation Safe/unsafe touches Positive relationships |
| Summer 1 | PRIDE month – June. Just like us have | Fire brigade - Fire safety for water safety. Farming safety | | Keeping Safe Safe and unsafe secrets Appropriate touch | Keeping Safe Skills we need to develop as we grow up | Keeping Safe Understanding emotional needs |



| | resources for Diversity. Collective Worship around Farm Safety | Medicine safety | Helping and being helped Looking after the environment Managing money | Staying safe online Drugs: norms and risks (including the law) |
|-------------|---|---|---|---|
| Summer 2 | Oral Heatlh week July | Valuing Difference Being kind and helping others Celebrating difference People who help us Listening Skills | Valuing Difference Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes | Valuing Difference Recognising and celebrating difference Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour Gender stereotyping |



| | Whole School Events | Visits and Visitors | Reception | Year 1/2 | Year 3/4 | Year 5/6 |
|-------------|---|---|---|---|--|---|
| Autumn 1 | Black History month TBC | | The Reception PSHE curriculum objectives will be taught | Being my Best Keeping my body healthy – food, exercise, sleep Growth Mindset | Being my Best Keeping myself healthy and well Celebrating and developing my skills Developing empathy | Being my Best Growing independence and taking ownership Keeping myself healthy Media awareness and safety My community |
| Autumn 2 | Anti-bullying week wc11.11.24 Keeping Safe from Growing Changing (PANTS) | Fire brigade - Fire Safety discussion for Bonfire night. | throughout the year as part of the continuous provision. | Growing and Changing Getting help Becoming independent My body parts Taking care of self and others | Growing and Changing Relationships Changing bodies and puberty Keeping safe Safe and unsafe secrets | Growing and Changing Managing difficult feelings Managing change How my feelings help keeping safe Getting help |
| Spring 1 | Online safety day TBC | | | Right and RespectTaking care of things:MyselfMy moneyMy environment | Right and Respect Keeping myself healthy and well Celebrating and developing my skills Developing empathy | Right and RespectRights, respect and dutiesrelating to my healthMaking a differenceDecisions about lending, borrowing and spending |
| Spring 2 | Child mental health week. | Fire brigade - Fire safety talk | | Being my Best Growth Mindset Healthy eating Hygiene and health Cooperation | Being my Best Having choices and making decisions about my health Taking care of my environment My skills and interests | Being my Best Aspirations and goal setting Managing risk Looking after my mental health |
| Summer 1 | PRIDE month – June. Just like us have resources for Diversity. | | | Growing and Changing Life cycles Dealing with loss Being supportive Growing and changing Privacy | Growing and Changing Managing difficult feelings Relationships including marriage | Growing and ChangingCoping with changesKeeping safeBody ImageSex educationSelf-esteem |
| Summer 2 | Oral Health week July | | | Right and RespectCooperationSelf-regulationOnline safety | <u>Right and Respect</u> Having choices and making decisions about my health | Right and Respect■ Understanding media bias, including social media |



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| | Looking after money – saving and | Taking care of my | Caring: communities and |
| | spending | environment | the environment |
| | | My skills and interests | Earning and saving money |
| | | | Understanding |
| | | | democracy |