

EYFS

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Session 1	Multi Skills: Throwing and Catching	Invasion Games	Attacking and Defending	Multi Skills: Bat and Ball	Multi Skills: Running and Jumping	Multi skills: Sports Day
Session 2	Gymnastics	Dance	Circuit Training	Dance	Swimming	Swimming

KS1 Cycle A – Year 1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Session 1	Multi Skills: Throwing and Catching	Invasion Games	Attacking and Defending	Multi Skills: Bat and Ball	Multi Skills: Running and Jumping	Multi skills: Sports Day
Session 2	Gymnastics	Dance	Circuit Training	Dance	Swimming	Swimming

KS1 Cycle B – Year 2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Session 1	Multi Skills: Throwing and Catching	Invasion Games	Attacking and Defending	Multi Skills: Bat and Ball	Multi Skills: Running and Jumping	Multi skills: Sports Day
Session 2	Gymnastics	Dance	Circuit Training	Dance	Swimming	Swimming

PE LTP



LKS2 Cycle A – Y3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Session 1 Adam Scaife	Invasion Games: Fundamentals	Gymnastics	Invasion Games: Football	Net and Wall Games: Fundamentals	Striking and Fielding Games: Fundamentals	Athletics
Session 2	Circuit Training	Dodgeball	Swimming	Swimming	Gymnastics: Shape	Dance: Extreme Earth

LKS2 Cycle B - Y4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Session 1 Adam Scaife	Tchoukball: Invasion Games	Dance	Invasion Games: Hockey	Net and Wall Games: Badminton	Striking and Fielding Games: Cricket	Athletics
Session 2	Circuit Training	Gymnastics: Movement	Swimming	Swimming	Dance: Shape and balance	Dance: Water



UKS2 Cycle A – Y5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Session 1 Adam Scaife	Invasion Games: Handball	Tchoukball: Invasion Games	Invasion Games Basketball	Net and Wall Games: Tennis	Striking and fielding Games: Rounders	Athletics
Session 2	Swimming	Swimming	Circuit Training	Gymnastics: Shape and Balance	Gymnastics: Movement	Dance: World War 2

UKS2 Cycle B – Y6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Session 1 Adam Scaife	Invasion Games	Gymnastics	Invasion Games: Netball	Net and wall Games: Volleyball	Striking and fielding Games	Athletics
Session 2	Swimming	Swimming	Circuit Training	Gymnastics: Mountains and rivers	Gymnastics: Movement	Dance: Through the decades

All OAA objectives will be taught through Geocaching days that are organised outside of PE sessions.